

# THE RETREAT

## Introducing The Retreat, Tanzania; safari in splendid seclusion

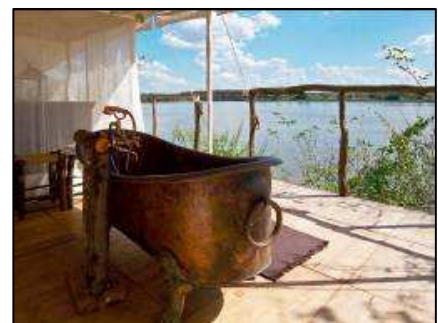
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The Retreat, located in Northern Selous, Tanzania, is a twelve-suite exquisite hideaway that offers complete seclusion in the heart of remote bush lands, seven hours away from the nearest camp. The Selous game reserve is the largest protected wildlife sanctuary in Africa and one of the last remaining areas where nature remains virtually undisturbed. Having had a soft launch in the owners' home country this spring, The Retreat has now evolved into an even more amazing product that is now ready to be shared with the rest of the world.

The Retreat has been created by Orthopaedic Surgeon Uma Grob who came to Tanzania from Switzerland twenty years ago to teach at the University of Dar es Salaam. Here she built the only trauma centre in Tanzania and played an integral role in several reforms for poverty eradication. During these years Uma fell in love with the Selous and visited time and time again. After looking for the perfect spot for a lodge for 11 years, she is now able to offer people the same joy that she experienced when she first discovered this extraordinary area. For her outstanding contribution to the Tanzanian community Uma was awarded the status of honorary guest of Tanzania.

The Retreat takes guests on a journey that blends the soul with nature. Its philosophy is based on respect for the power of ancient traditions, local communities, natural materials and untouched nature. The whole lodge has been constructed to harmonise with the raw habitat and the five physical elements of the natural world are applied



throughout. Water, wood, fire, earth and metal and principles of Feng Shui are apparent to ensure that guests feel completely at one with their surroundings.



The main house, 'The Fort' is perfectly positioned on the site of a former military observation point from World War 1 and provides guests with a direct 360 degree panoramic view over the Ruaha river and untouched plains. The beautiful tented suites are mounted on raised teak wood platforms and each comes with its own private deck and outdoor bath and chill out area allowing you to savour your own experience of the surrounding wilderness. The canvas interiors are handmade to reflect the stars of the African sky and are complimented with African antiques and local materials handcrafted for Uma from patients or friends whose lives she has touched.

Guests have a choice of Eagle Hill Suites with breathtaking views, the River Suites which are situated beside the river bank and come complete with their own private plunge pool or the Lion River Suite which is larger with an additional tent and ideal for families or honeymooners. Guests at the lodge can enjoy a refreshing cocktail at the river bar while watching the sun set then dine by the breathtaking infinity pool or on one of the towers overlooking the Selous. For those wanting even more privacy, Hippo Point is the perfect solution; an exclusive private safari camp located 2km from the main lodge and has its own infinity pool, private bar, guide, cook and butler as well as its own vintage safari vehicle and boat.

Game drives deep into the African bush, safari walks and hikes, boat excursions on the Great Ruaha River, fishing and spa treatments are among the choice of activities offered at the Retreat where guests can choose two complimentary activities per day. Guests, on special occasions, can also take part in activities such as 'Bush Walking with Meditation', 'Painting the Sound of the Bush' and 'Laughing with the Hippos'. The service concept of The Retreat is to capture every guests individual needs and wishes and create a tailor made journey with many unexpected surprises and added values. As well as accommodating lion, African hunting dog, leopard, buffalo, giraffe, zebra, antelope and hippo, the Selous is home to



the largest number of elephants in a single park anywhere in the world and the highly endangered black rhino can be spotted near the lodge.

'Senses to Africa' is the Retreats natural outdoor spa directly on the shores of Ruaha river. After a day in the bush, the treatments will enhance and re-awaken the senses and experiences of African nature and wildlife as well as balancing the body, soul and mind.

The Retreat takes you on your own individual journey exploring this unique and beautiful part of untouched Africa.

Rooms start from \$495 per person per night

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